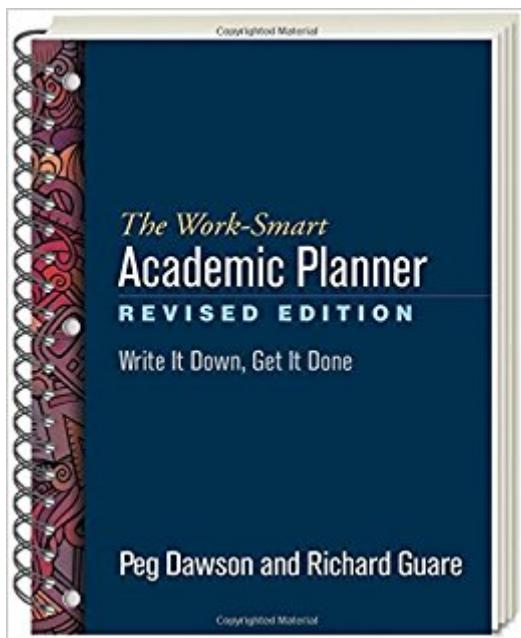


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# The Work-Smart Academic Planner, Revised Edition: Write It Down, Get It Done



## Synopsis

From executive skills experts Peg Dawson and Richard Guare, the large-format academic planner that has helped thousands of students in grades 6–12 is now revised and updated. It provides an all-in-one resource for keeping track of assignments and due dates while developing the crucial executive skills needed to succeed in school and beyond. Students are given the tools to get organized, manage their time, learn study strategies, create daily/weekly study plans, and stay on track. They are also guided to evaluate their own executive skills in order to target their weaknesses and capitalize on strengths. In addition to simplified planner pages, the revised edition has an improved Studying for Tests form.

User-friendly features:

- \*Convenient spiral binding.
- \*Three-hole punched to fit in a binder (with a new slimmer profile).
- \*Reproducible planning forms; purchasers can download and print extra copies.
- \*Undated daily and monthly calendars for one academic year.
- \*Reference calendar through July 2019.
- \*Online-only User's Guide for school psychologists, educators, coaches, and parents ([www.guilford.com/work-smart-guide](http://www.guilford.com/work-smart-guide)).

See also the authors' *Coaching Students with Executive Skills Deficits*, which provides additional resources and guidance for professionals working with this population, plus the authoritative *Executive Skills in Children and Adolescents*, Second Edition. Also from Dawson and Guare: *Smart but Scattered* parenting guides and a self-help guide for adults.

## Book Information

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## Customer Reviews

"This is a wonderful tool. Importantly, it provides a menu of options for coaches and students and

the language is transparent and logical. Dawson and Guare draw on their knowledge of how executive skills develop and are refined to explicitly teach strategies for academic and personal self-management and self-advocacy. Both the student and the executive skills coach will gain from using this planner."--Jackie Gilson, NCSP, school psychologist, Chicago Public Schools "In my 17 years as a teacher, I've worked with countless frustrated, struggling students who are clearly capable of doing better. The executive functioning and coaching components in The Work-Smart Academic Planner are vital to improve the academic performance of these learners. The planner helps students develop a growth mindset and increase their sense of self-efficacy. It builds the cognitive skills necessary for success in school and beyond."--Timothy McElroy, MA, special education teacher, Mountain View High School, Fairfax County (Virginia) Public Schools "Dawson and Guare provide a true compass for navigating the path to academic growth. The planner provides invaluable practical strategies that encourage students' independence and foster learning. It will be a welcome resource for students, coaches, educators, and parents."--Barbara Saint-Amour, board-certified coach, Yarmouth, Maine "While it is valuable to develop theoretical models of executive functioning, it is incredibly more so to develop practical strategies and clinical tools for overcoming problems in this area. Congratulations to Dawson and Guare for doing just that. This planner provides a set of tools that will help teens with executive skills deficits--including those with ADHD--to function more effectively. The planner pages in the revised edition are easier to use, as each week now fits on a single page. Parents and teachers will find the book highly useful, and clinicians will want to add it to the list of resources they recommend for dealing with executive skills deficits on a daily basis."--Russell A. Barkley, PhD, ABPP, ABCN, Department of Psychiatry, Medical University of South Carolina "This planner will be extremely useful for a wide variety of students, from those struggling with school performance to high achievers seeking further growth. It incorporates research-based strategies that will help students manage and plan their time, organize school assignments and responsibilities, and remain focused on short- and long-term goals. I know of no other resource that not only provides an individual guide for executive skill development but also includes many helpful checklists, tip sheets, and templates to support the successful completion of essential school tasks."--George J. DuPaul, PhD, School Psychology Program, Lehigh University

Peg Dawson, EdD, is a staff psychologist at the Center for Learning and Attention Disorders in Portsmouth, New Hampshire, where she works with children and adults. Dr. Dawson is a past president of the New Hampshire Association of School Psychologists, the National Association of

School Psychologists (NASP), and the International School Psychology Association, and a recipient of the Lifetime Achievement Award from NASP. With Richard Guare, she is coauthor of bestselling books for general readers, including *Smart but Scattered*, *Smart but Scattered Teens*, and *The Smart but Scattered Guide to Success* (with a focus on adults). Drs. Dawson and Guare are also coauthors of *The Work-Smart Academic Planner*, Revised Edition, and books for professionals including *Executive Skills in Children and Adolescents*, Second Edition. Richard Guare, PhD, is Director of the Center for Learning and Attention Disorders in Portsmouth, New Hampshire. Dr. Guare's research and publications focus on the understanding and treatment of learning and attention difficulties. He is a neuropsychologist and board-certified behavior analyst who frequently consults to schools and agencies. With Peg Dawson, he is coauthor of bestselling books for general readers, including *Smart but Scattered*, *Smart but Scattered Teens*, and *The Smart but Scattered Guide to Success* (with a focus on adults). Drs. Guare and Dawson are also coauthors of *The Work-Smart Academic Planner*, Revised Edition, and books for professionals including *Executive Skills in Children and Adolescents*, Second Edition.

Super helpful information and I love the planner layout. It has been easy to keep track of my school work. I plan on purchasing another one.

Teaching student's with ADHD/EF challenges to be organized is daunting. This planner is a great step toward success. I am confused about the "printables" section as indicated on the Guilford Press website. They state that there is a section that can be reproduced but these pages are clearly marked with copyright information. Would love to get clarification on what can be printed.

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